### A proposed uniform scaffolding of operational and outcome information to support the development and sustainability for HRSA-funded Pediatric Mental Healthcare Access Programs (PMHCA). Lucia M. O'Sullivan, BA<sup>1</sup>, Dr. Deborah Hagler, MD, MPH<sup>2</sup>. Program in Neuroscience, Bowdoin College, Brunswick, ME<sup>1</sup>; MidCoast Hospital, Brunswick, ME<sup>2</sup>



#### Background

 Health Services Resource Administration (HRSA) offered <u>\$10</u> million in funding to 21 Pediatric Mental Health Access Programs (PMHCA).





- Program aims to increase access of youth and their families to mental and behavioral health services through:
- Aiding PCP diagnoses through phone
- Offering educational seminars on relevant topics.
- Providing supplementary information on early childhood, perinatal health, and substance use

**Overview of Programs** 





- **Forty-three states** and **seven territories** have received funding from HRSA (with nine prior to 2018 grant).
- Many of these grants are due to expire in <u>2023</u>.

#### **Research Aims**

• The present study aimed to compare publicly available information regarding program operations, services, and outcomes (cite HRSA article).

• Based on common themes, the present study proposes a uniform display of information to allow future researchers to correlate program features with program and population outcomes, gauge program impact, and plan for program sustainability and expansion of services.

#### Methods

NNCPAP • Websites were identified via the HRSA PMHCA website or the National Network of Child Psychiatry Access Programs (NNCPAP).

Rubric for Assessing Program Website Information			
	Website Location		Staffing Informat
Program	Program Name		Available
Accessibility	Recognizability		

Accessionity	Recognizability		Hours of Operation
	Enrollment Flexibility		
Patient Services	Level of Interface with	Program Function	Information about Bud
	Patients	C	and Sources of Funding
	Age Range Served		Number of Practitione
Consultative Services for PCPs	Same Day Consultation		registered/using
	with Psychiatrist		Population Served
	Same Day consultation with Behavioral Health Expert		# of consults
	Perinatal Health	Consults	Outcomes of Counsul
	Substance Use Consults		Annual Report/Summa
	Early Childhood Consults	Communication/	Newsletter
	Provider Practices	Marketing	Infographic/summari

Program

available

**Educational Services** 

Sources and Acknowledgements

# For Pediatric Mental Health Access Programs, using a rubric to extract public information on program function, uptake, referral nature, and outcomes can help states plan for sustainability, drive future research to connect program components to patient outcomes, and plan for program improvements.

## **<u>49 of 50 funded states/territories/districts had websites</u>** available to review. <u>9</u> funded programs had no website available to review.

Thank you to for the continued support from MidCoast Hospital, Maine Pediatric ECHO sessions, Shannon Coray, and Bowdoin College.

Questions? Comments? Contact Us! Dr. Deborah Hagler, MD, MPH: dhagler@midcoasthealth.com Lucia O'Sullivan: luciamosullivan@gmail.com Pediatric Mental Healthcare Access Program, Funded Projects. (2022). Retrieved from https://mchb.hrsa.gov/training/projects.asp?program=34 National Network of Child Psychiatry Access Programs. (2023). Retrieved from <a href="https://www.nncpap.org/map">https://www.nncpap.org/map</a>.

For a list of additiona websites accessed during the research process, scan this QR code.

