

Disclosures/CME

- No relevant financial relationships
- All patients and parents have given me permission to discuss their cases and use their images



If life were easy and not so fast...I wouldn't think about the past...

- 2013
- The Denger Family
- Letter to Rich Peterson
- Physician Leadership Development Fellowship



Just a few old guys who set the stage...



Community MaineHealth	Y! Relationships!
Healthcare Professionals	MaineHealth > Healthcare Professionals > Provider Leadership Development Fellowship
Provider Leadership Development Fellowship Curriculum Leadership Project Faculty Alumni	Provider Leadership Development Fellowship Building Leadership Capacity The Provider Leadership Development Fellowship (PLDF) program was designed to help emerging provider leaders from across the MaineHealth system develop their leadership skills, knowledge and capacity. The cornerstone of the PLDF program is a series of one-day learning sessions, each focusing on a different, essential leadership skill or competency. Each learning session is led by an experienced MaineHealth provider leader and features local, regional or national experts.
Contact Us Gina Quinn-Skillings, MD Sr. Medical Dilleitos, MD P: 207-661-7581 gquinnskil@mainehealth.org Robyn Ostrander, MD Medical Director & Program Director rostrander@mmcorg	Meet the Faculty Faculty members are recognized for their leadership skills and strong interest in developing leadership capacity in other physicians. + How can I be nominated?
Heather Vickerson, MBA, PMP, CSSBB Program Manager HVickerson@mainehealth.org P: 207-662-6881	+ What is expected of PLDF program participants?
Leah Schneckloth Program Coordinator P: 207-661-7558 Ischnecklo@mainehealth.org	+ What are the program goals? + What are the program benefits?





- Caroline Chaloner
- Pediatric PT
- 5 different specialized neuromuscular evaluations



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Duchenne

- X-linked genetic disorder
- Dystrophinopathy
- Chronic, progressive
 - Cardiopulmonary systems eventually affected
- Very elevated CK level
 - Molecular genetic testing -> Exon deletions, duplications
- Steroids to prolong ambulation
- Supportive therapy otherwise, life expectancy late 20's/early 30's
- Gene therapies now exist

Exon skipping therapy	Duchenne Deletion Tool Pagent Court Municipal Dystrophy
1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79	WHAT IS THE DIFFERENCE BETWEEN IN-FRAME VS OUT-OF-FRAME ERRORS? If you or your child have a deletion mutation, you have probably heard the terms in-frame and out-of-frame . Sometimes this is referred to as the reading frame rule . In-Frame
If there is a missing piece within the dystrophin gene (deletion) or an extra piece (duplication), your body can have difficulty making dystrophin. The most common genetic mutation causing Duchenne is a deletion, where part of the gene is missing.	A deletion is in-frame if the reading frame of the gene is preserved and not disrupted, so some dystrophin protein can be made. The protein may be shorter than normal, but it is still functional. In-frame deletions typically result in Becker muscular dystrophy, which usually has a more mild presentation (compared to Duchenne) because there is some dystrophin protein present in the cells.
One approach that strives to address this lack of dystrophin is exon skipping, which tells the body to hide an exon next to the missing piece, so the whole section can be skipped over and the remaining exons can fit together. The intent is to allow the body to make a shorter form of the dystrophin protein. The tool below will help you to know whether your/your child's genetic mutation might benefit from an exon skipping therapy.	Out-of-Frame A deletion is out-of-frame if the reading frame is completely disrupted, so that no dystrophin protein can be made. Out-of-frame deletions typically result in Duchenne muscular dystrophy, which usually has a more severe presentation (compared to Becker) because there is no dystrophin protein present in the cells.
	It is important to remember that this reading frame rule is not always perfect. There are some out-of-frame deletions that cause Becker, and some in-frame deletions that cause Duchenne. Sometimes a child's diagnosis will be "intermediate or unclear" until the child grows older and their progression can be observed. Please speak with your doctor or genetic counselor if you have questions.





Approving a Problematic Muscular Dystrophy Drug Implications for FDA Policy

Eteplirsen was designed to offer a promising new

in a gene coding for dystrophin, allowing production of a truncated but functional version of the protein. In

particular, eteplirsen targeted exon 51, the location of the stop codon in about 10% to 15% of patients with

DMD (an estimated 2000-2500 cases in the United

States). Despite this innovative mechanism, the develop

ment of eteplirsen was controversial, starting with its

manufacturer-supported pivotal double-blind study, which involved only 12 patients: 8 were randomized to

2 different eteplirsendoses and 4 were randomized to

placebo for 24 weeks. The latter were then switched to

eteplirsen and all were to be followed for an additional

24 weeks. The sample size was substantially smaller than the study sample size in which a similar DMD drug, dris-

apersen, had been tested in 3 randomized trials that to

gether enrolled 290 patients. The FDA declined to approve drisapersen in 2015 after these studies showed no

clear benefit after 24 weeks in prespecified clinical end

points, such as changes in a 6-minute walk test. Those

trials also suggested the possibility of safety problems,

end point was a surrogate measure: an increase in the

presence of dystrophin in muscle biopsy specimens. Se

In the eteplirsen study, by contrast, the primary trial

including renal toxic effects and thrombocytopenia.

Aaron S. Kesselheim, MD, JD, MPH Program on Regulation Therapeutics, and Law (PORTAL), Division of Pharmacoepidemiolog ternal advisory committee. Duchenne muscular dystro and Pharmacoeconomics phy is a progressive and usually fatal X-linked genetic dis ease caused by mutations in a gene that produces the protein dystrophin that helps stabilize muscle fibers. No Department of Medicine Brigham and Women's Hospital and Harvard Medical School, Boston, disease-modifying treatments are available. therapeutic approach that would bypass a stop codon

Jerry Avorn, MD Jerry Avorn, MD Program on Regulation, Therapeutics, and Law (PORTAL), Division of Pharmacoepidemiology and Pharmacoeconomics, Department of Medicine, Brigham and Women's Hoesital and Haovard ospital and Harvard Medical School, Boston Massachusetts.

In September 2016, the US Food and Drug Administravide clinical benefit. A more rigorous, fully blinded tion (FDA) approved eteplirsen (Exondys 51), a new drug for Duchenne muscular dystrophy (DMD), overruling the reanalysis of the immunohistochemical assay organized by the FDA cast further doubt on the initial results.³ recommendations of both its scientific staff and its ex-The trial also assessed clinical progression. At 24 and

48 weeks, there was no consistent advantage in the 6-minute walk test capacity of patients who received eteplirsen compared with those initially given placebo. However, new post hoc calculations excluded 2 eteplirsentreated patients who deteriorated quickly while receiving therapy; these analyses suggested a statistically significant advantage for the remaining treated patients. These more selective post hoc analyses were highlighted in the figure displaying this finding in the 2013 article² and in the manufacturer's press release announcing the suc-cess of the trial.⁴ Subsequent evaluation of 6-minute walk test data over 3 to 3.5 years of open-label therapy appeared to be associated with slower rates of decline wh compared with a historical cohort, but the problematic nature of historical controls complicated the interpretation. Controversy over eteplirsen came into broader pub-

lic view when the FDA convened an advisory committee in April 2016 to review these data. That hearing included more than a thousand public attendees and more than 4 hours of comments from patients, families, advocates, sci-entists, and legislators. The public presentations were frequently emotional, and nearly all of the presenters (51 of 52) favored drug approval. The advisory committee was generally unimpressed with the efficacy data, although the committee split its vote: 7 members found no evi dence that eteplirsen was clinically effective in treating DMD (vs 3 in favor and 3 abstentions), and 7 members found that the drug did not produce dystrophin at a level likely to result in clinical benefit (vs 6 in favor).

After the meeting, the FDA delayed its decision and requested additional data, including Western blot as-

JAMA Published online October 24, 2016

One partial solution could be the adoption of novel regulatory models, such as limited approval with intensive collection of new clinical evidence, before a drug becomes universally available. As a further step, drugs that have not yet shown clinical outcome benefit could be made available at just the cost of production, or most profits could be kept in escrow, until adequate trials are completed.

Patients with DMD need better treatments, and drugs like eteplirsen might one day fill that role. For now, though, the drug has provided a worrisome model for the next generation of molecularly targeted therapies: demonstrate a slight difference in a laboratory test, activate the patient community, win approval, and charge high prices, while relying on limited regulatory follow-up.

December 2016

- Patrick Denger
- My first prescription of a genetic therapy eteplirsen!
- Lots of uncertainty
- Take Chances!

Spinal Muscular Atrophy

- AR disorder, deletion or mutation of exon 7 of SMN1 gene on 5q
 95% of individuals have homozygous deletion
- Affected individuals have variable copy numbers of SMN2
 - SMN2 a paralog of SMN1, producing low but essential levels of SMN protein
 - The more copies, the milder the disease
- 1:54 carrier frequency
- Incidence of 1:10,000-11,000 births, prevalence of ~1-2:100,000
- Historically the leading monogenic cause of death in infancy

Spinal Muscular Atrophy

- Type 1
 - < 6 months of life, most severe form
 - Accounts for 60% of cases
 - Generally 2 copies of SMN2
- Type 2
 - > 6 months of life, sit but never learn to walk
 - Accounts for 30% of cases
 - Generally 3 copies of SMN2
- Type 3 or 4
 - Accounts for remaining 10% of cases
 - Generally 4 or more copies of SMN2

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SMA Treatments – Nusinersen - 2017

- Anti-Sense Oligonucleotide (ASO)
 - Modifies pre-mRNA splicing to promote exon 7 inclusion in SMN2 mRNA transcripts
 - SMN Up-Regulating Therapy
 - More full length SMN protein produced
 - Intrathecal injection
 - 4 loading doses in first 60 days
 - One dose every 4 months thereafter





November 2017













OUR FACULTY

Kathryn J. Swoboda, MD





Expanding exponentially, like some recursive virus....

- Zolgensma approved in 2019
- AAV-9 gene transfer
 - Using adeno associated virus as a vector to deliver genetic material
 - Does not integrate into the patient genome
 - Low immunogenicity
 - Delivery of a fully functional SMN gene into motor neurons
 - AAV-9 capsid shell crosses BBB
 - Contains human SMN transgene
 - Introduced as a self-complementary double stranded molecule
 Enables rapid onset of transcription and protein synthesis
 - Continuous promoter





Ronan making gains!!

2020 s/p zolgensma and ongoing nusinersen





Risdiplam

- Modifies the splicing of SMN2 mRNA to include exon 7
- Resulting in an increase in the concentration of the functional SMN protein
- Similar to nusinersen, upregulates functional SMN protein
- Only oral drug, given daily





ambulant type 3 spinal muscular atrophy (SUNFISH part 2) a phase 3, double-blind, randomised, placebo-controlled tr				
Eugenio Mercuri, Nicolas Deconinck, Elena S Mazzone, Andrea Nascimento, Maryam Oskovi, Koyoko Salto, Carder/Vullerot, Giovanni Borane Odel e Boergilug-Tangay. Mathalie Gaemane, Janhem Al Kischner, Anna Kastaro Pruszaryk, Laurent Servais, Mariane Geber, Koenja Garni, Omer Khanja, Heldemarier Ketzl, Renata S Scalco, Hannah Staurton, Wai Yan Yeang, Carmen Martin, Paulo Pontouro, John W Doy, on behdj the SUNPSY Study Goory?				
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risdiplam and pl	acebo/ı	risdiplam gr	oups	
		Risdiplam (n=120)	Placebo/risdiplam* (n=60)	Total (N=180)
Age at screening, years, median (ra	ange)	9 (2-25)	9 (2–24)	9 (2–25)
Age group, years, n (%)	2–5 6–11 12–17 18–25	37 (30.8) 39 (32.5) 30 (25.0) 14 (11.7)	18 (30.0) 18 (30.0) 16 (26.7) 8 (13.3)	55 (30.6) 57 (31.7) 46 (25.6) 22 (12.2)
Gender, n (%)	Female Male	61 (50.8) 59 (49.2)	30 (50.0) 30 (50.0)	91 (50.6) 89 (49.4)
SMA type, n (%)	2 3	84 (70.0) 36 (30.0)	44 (73.3) 16 (26.7)	128 (71.1) 52 (28.9)
		3 (2.5)	1 (1.7)	4 (2.2)



April 2021 – Maine initiates Newborn Screen

- NBS assay:
 - PCR to detect presence of SMN1 in blood spot
 - Can identify SMN1 exon 7 deletions in all SMA patients while all unaffected patients showed presence of exon 7
 - Inexpensive, can be multiplexed to SCID assay
 - Pilots 100% PPV
 - Ongoing study of a 2nd PCR test to identify both homozygous and heterozygous SMN1 Exon 7 deletions and SMN2 copy number

(+) Newborn Screen for SMA
Workflow for Administration of Zolgensma
Infant screens positive for SMA on state newborn screen $ ightarrow$ Dr. Wendy Smith and Dr. Reynolds notified
STEP 1: confirm genetic diagnosis of SMA (need to have <u>biallelic</u> mutations in SMN1 gene- Dr. Smith to coordinate SMN1 mutations and SMN2 copy numbers); schedule urgent visit with genetics and neurology
STEP 2: Order labs: liver function tests (AST, ALT, total bilirubin, prothrombin time), platelet count, troponin-I, and anti-AAV9 antibodies- neurology to order
 Patients in clinical trials had baseline anti-AAV9 antibody titers of < or = 1:50- safety and efficacy has not been established if this is not the case (may need to delay and retest or possibly start steroids earlier than 24 hours)
STEP 3: Complete Zolgensma prescription form and patient consent form
 Fax signed forms to <u>OneGene</u> Program at 1-855-951-4363
STEP 4 (*concurrent with STEP 5): Receive <u>Zolgensma</u> : ships frozen, needs to thaw in refrigerator for 12 hours or at room temperature for 4 hours
STEP 5 (*concurrent with STEP 4): Administer systemic corticosteroids 24 hours prior to infusion equivalent to oral prednisolone at 1mg/kg/day- ordered by neurology
STEP 6: Administer single dose IV infusion through venous catheter over 60 minutes. Flush line with saline upon completion.
STEP 7: Postmedicate with PO prednisolone 1mg/kg/day and continue x 30 days. Work with endocrine to determine weaning protocol (Toni Eimicke NP to be point person)
STEP 8: Monitor LFTS, platelets and troponin x 3m at regular intervals, wean steroids based on lab values, work with PCPs on vaccination plan

What about >4 copies SMN???

Summary of tests	Table 3 sused to monitor patients with \geq 4 SMN2 copies for whom treatment is not	initiated immediately
Test or Outcome Measure	Level of Change/Results Which Would Prompt Initiation of Treatment	Appropriate Age of Patient for Test
EMG/nerve conduction	Any active or chronic neurogenic change	All
CMAP	Below normative values for an age-matched child	All
Myometry	Decrease in extent of muscle contraction	\geq 4 years
Physical Exam/Reflexes	Any of the following: loss of reflexes, failure to meet or regression in ability to perform motor milestones, proximal weakness, and weakness in trunk righting/de-rotation	All
CHOP INTEND	A failure to gain motor functions with age in keeping with normal development or a drop in total score from previous assessment	Infants
HINE	A failure to gain motor functions with age in keeping with normal development or a drop in total score from previous assessment	Infants
Hammersmith Functional Motor Scale – Expanded	A failure to gain motor functions with age in keeping with normal development or a drop in total score from previous assessment	≥ 2 years
6MWT	A failure to gain motor functions with age in keeping with normal development or a drop in total score from previous assessment	\geq 5 years
Bayley Scales of Infant and Toddler Development	A failure to gain motor functions with age in keeping with normal development or a drop in total score from previous assessment	Infants/Toddlers (Recommended 1 to 42 months)
	Hospital of Philadelphia Infants Test of Neuromuscular Disorders; CMAP = c WE = Hammersmith Infant Neurological Exam; <i>SMN2</i> = spinal motor neuron	





Ronan 2021 after changing to risdiplam







But if you ever need the names of those you couldn't save....



OUTUAAUES TO POSTEd August 9, 2020 Updated August 10, 2020 Obituary: Michael James Norton

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Michael James Norto

STANDISH – Michael James Norton, 33, also known as Michael HMC Norton, the Heavy Metal Cripple, was born April 18, 1987, in Portland, to Terrence and Suzan (Roberts) Norton.

He was born with bilateral club feet, for which he had to have casting and surgery. It wasn't until he was 4 years old, living in Germany, that we noticed he was having other difficulties. We found later that he had Duchenne Muscular Dystrophy. The doctors did not give us much encouragement, except that we would need counseling if we had problems along the way because Michael's life would be shortened. All

we can say is that doctors do not have all the answers. Nobody should take away your hope, ever. Mike's life proved that. He lived until the age of 33, using a ventilator for five years.

With your past and your future precisely divided....

- AAV therapy?
- Stem cell therapy?
- Good old prednisone?



AAV gene therapy Discovery of AAV 1965 - First AAV vector 1984	AAV micro-dystrophin (แDys) therapy 1868 Duchenne's monograph on DMD 1987 Discovery of dystrophin	
	1990 Discovery of truncated dystrophin	
AAV muscle transduction 1996 First AAV clinical trial 1998	1997 First synthetic μDys	
Systemic AAV in mice 2004	2000 2002 2004 Systemic AAV.μDys in mouse model	
Systemic AAV in dogs 2008	2007 Local AAV,μDys in dog model 2009 Discovery of the nNOS-binding domain 2010 Local AAV,μDys in DMD patients	
Systemic AAV in SMA1 2017 Systemic AAV acute toxicity 2018	2013 AAV.µDys improves force in dog model 2015 Systemic AAV.µDys in adult dog model 2018 Systemic AAV.µDys in DMD patients	
Figure 1. Historical Milestones in the Development of Systemic AAV Micro-		
dystrophin Gene Therapy		



3 active trials now!

- Micro-Dystrophin Clinical Trials
 - Using AAV to deliver miniaturized dystrophin gene
 - Based upon clinical observations of mild Becker patients who are missing very large portions of the DMD gene
 - Open label/safety muscle biopsy study show increased micro-dystrophin expression and clinical improvement





Summary of agents

- Duchenne:
- Current FDA approval:
 - Prednisone, deflazacort
 - 3 different exon skipping therapies accounting for ~29% of all mutations
- Future: AAV microdystrophin therapy, earlier intervention with twice weekly hormonal therapy

Summary of agents

- SMA:
- Current FDA approval:
 - Nusinersen/Spiranza, mRNA splicing modifier to upregulate SMN production, intrathecal only every 4 months, approved for all SMA types
 - Risdiplam/Evrysdi, mRNA splicing modifier to upregulate SMN production, daily oral therapy, approved for all SMA types
 - Onasemnogene Abeparvovev/Zolgensma, AAV-9 therapy to deliver fully functional SMN gene into motor neurons

Conclusions

- Community/Relationships!
- Take Chances!

- Build it with your patients and your colleagues. You can't get it done on your own.
- Get inspired by your patients and families its ok to be uncomfortable and the only one doing something
- Read the book!
- Share your experience!
- The good and the bad, we all learn from each

• The great and knowledgeable Icculus



other